

## THE YOGA OF ARYA TARA

A

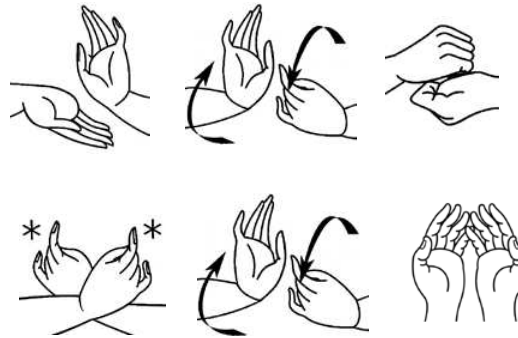
*Nine Purification Breathings*

OM E HO SHUDDHE SHUDDHE  
YAM HO SHUDDHE SHUDDHE  
BAM HO SHUDDHE SHUDDHE  
RAM HO SHUDDHE SHUDDHE  
LAM HO SHUDDHE SHUDDHE  
E YAM BAM RAM LAM  
SHUDDHE SHODHANAYE SVĀHĀ

A

NAMO GURUBHYA  
NAMO DEVABHYA  
NAMO DAKINIBHYA

OM GURU ARYATĀRA  
SAPĀRIVARA VAJRA SAMAYA JĀ  
PADMA KĀMALAYE STAM



OM JÉZUNMA PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ  
OM LAMA GUNDÙS PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ  
OM YIDĀM GUNDÙS PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ  
OM KÀDRÒ GUNDÙS PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ  
OM QOSGYOŃ GUNDÙS PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ  
OM NORLHA GUNDÙS PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ  
OM GYABNÁS GUNDÙS PÀGMA DRÓLMA  
KYEDLA DÚDDO ZEVAZ GYOŃ

OM TĀRE TUTTĀRE TURE SVĀHĀ

JÉZUN PÀGMA DRÓLMA KYED KYÈNNO  
JÌG DĀŃ DÚGŃĀL GUNLAS GYABDU SÒL

TĀRE

TĀM

OM TĀRE TĀM SVĀHĀ

OM TĀRE TUTTĀRE TURE SVĀHĀ

OM TĀRE TUTTĀRE TURE MAMA AYUR PUNYE JŃĀNA  
PUᅒᅒTIM KURU SVĀHĀ

QÌMED CEYI BALLA LOÑJYOD JIÑ  
RIGBAI LÓ DÑ NÁMJYOD XESRAB DÑ  
SÌD DAÑ XÌVAI BALJYÒR GÑ LAGBA  
DĚ GUN LHUNGYIS DRÛBBAI DRAXIS XOG

EMAKIRIKĪRĪ  
MASUTAVĀLIVĀLĪ  
SAMITASURUSŪRŪ  
KUTALIMASUMĀSŪ  
EKARASULIBHAṬAYE  
CIKIRABHULIBHAṬHAYE  
SAMUNTACARYASUGHAYE  
BHETASANABHYAKULAYE  
SAKARI DHUKANA MATARI VAITANA  
PARALI HISANA MAKHARTA KHELANAM  
SAMBHARATHAMEKHACANTAPA  
SŪRYABHATARAIPASHANAPA  
RANABIDHISAGHURALAPA  
MASMINSAGHULĪTAYAPA  
GHURAGHŪRĀSAGHAKHARṆALAM  
NARANĀRĀITHAPAṬALAM  
SIRṆASĪRṆĀBHESARASPALAM  
BHUNDHABHŪNDHĀCISHASAKELAM  
SASĀ RIRĪ LILĪ Ī MIMĪ  
RA RA RĀ

OM DHARE DHARE BHANDHARE SVĀHĀ  
JAYA JAYA SIDDHI SIDDHI PHALA PHALA  
HĀ A HA SHA SA MA  
MAMAKOLIÑ SAMANTA

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