



Integrative  
Medicine  
Workshop

## Integrative Medicine Workshop Mental Disorders and Dementia

Organized by:	School of Tibetan Medicine of the International Shang Shung Institut and the Dzogchen Community of Spain
Venue:	Casal del Médico (Via Laietana, 31, Barcelona, Spain)
Dates:	10, 11 and 12 January 2014
Ticket price:	125 € (discounts for students, people on low incomes and members of the IDC)
Languages:	English / Spanish (simultaneous interpreting)
Webcast:	<a href="http://www.shangshunginstitute.net/webcast/video.php">http://www.shangshunginstitute.net/webcast/video.php</a>

### Programme

**Friday, 10  
January**

#### **Introduction to Integrative Medicine**

16.00h-16.30h	Moderator	Ms. Eloisa Álvarez Centeno	
16.30h-17.30h		Prof. Chögyal Namkhai Norbu	Total Integration: Beyond the Relative Health Condition
17.30h-18.00h		Dr. Phuntsog Wagmo	Bridging between Eastern and Western Medicine
18.00-18.30h	Coffee break		
18.30-19.00h		Dr. Paolo Roberti di Sarsina	Traditional and Non-Conventional Medicine: a Multi-Contextual Approach
19.00h-19.45h		Ms. Pepa Ninou and Dr. Imma Nogues	The Approach to Healthcare within the "National Values Plan" of Catalonia
19.45h-20.15h	Round table	Prof. Chögyal Namkhai Norbu, Dr. Phuntsog Wagmo, Dr. Paolo Roberti di Sarsina, Ms. Pepa Ninou and Dr. Imma Nogues. <i>Moderator:</i> Ms. Eloisa Álvarez Centeno	



# Integrative Medicine Workshop

**Saturday, 11  
January**

## **Mental disorders**

10h-10.15h	Moderator	Dr. Eva Juan Linares	
10.15h-10.45h	Psychiatry (AM)	Pending confirmation	<i>Mental Disorders from a Psychiatry Perspective</i>
10.45h-11.15h	Homeopathy (CM)	Dr. Teresa Herrerías	Homeopathic Medicine: Levels of Therapy
11.15-11.45h	coffee break		
11.45h-12.45h	Tibetan Medicine (TM)	Dr. Thubten Phuntsok	Introduction to Mental Disorders according to Traditional Tibetan Medicine.
12.45-13.15h	Chinese Medicine (TM)	Dr. Li Quilin	The influence of Emotions on the Energy of Organs according to Traditional Chinese Medicine.
13.15-13.45h	Round Table	Dr. Teresa Herrerías, Dr. Thubten Phuntsok, Dr. Li Quilin. Moderator: Dr. Eva Juan Linares	

## **Panel**

16h-16.15h	Moderator	Dr. Tomás Alvaro Naranjo	
16.15h-16.45h	IM	Dr. Ishar Dalmau	Integrative Medicine: An Experience of Research and Education in Barcelona
16.45h-17.15h	CM	Dr. Teresa Herrerías	Homeopathy and Mental Disorders: Personal Clinical Experience
17.15h-17.45h	coffee break		
17.45h-18.15h	TM	Dr. Phuntsog Wagmo	The Treatment of Mental Disorders according to Tibetan Medicine
18.15h-18.45h	IM	Dr. Sergio Abanades	Personal experience of Integrative Medicine in Neuropsychiatric Disorders
18.45h-19.15h	Round table	Dr. Ishar Dalmau, Dr. Teresa Herrerías, Dr. Phuntsog	



# Integrative Medicine Workshop

Wagmo, Dr. Sergio Abanades. *Moderator:* Dr. Tomás Alvaro Naranjo

**Sunday,  
12 January**

## **Dementia**

10h-10.15h	Moderator	Dr. Carmen Martínez	
10.15h-11.00h	The experience of Alzheimer	Ms. Neus Rodríguez	Psychosocial intervention in Dementia on the Uszheimer Programme  Documentary on Alzheimer's Disease that won the 2013 Solé Tura Awards
11.00h-11.30h	Neuropsychology (AM)	Dr. Guillem Martí	Dementia spectrum: dealing with the ill person
11.30h-12.00h	coffee break		
12h-13.00h	Tibetan Medicine (TM)	Dr. Lobsang Tenzin	The Traditional Tibetan Medicine Approach to the Western Concept of Dementia
13.00-13.30h	Neurophysiology (IM)	Dr. Francisco Barnossell	Differential Diagnosis in Dementia or Schizophrenia by applying an Integrative Medicine approach. A Personal View.
13.30h-14.00h	Round table	Ms. Neus Rodríguez, Dr. Guillem Martí, Dr. Lobsang Tenzin, Dr. Francisco Barnossell. <i>Moderator:</i> Dr. Carmen Martínez	
14.00h-14.15h	Close		

*AM: conventional or allopathic medicine*

*CM: complementary or alternative medicine*

*TM: traditional medicine*

*IM: integrative medicine*